



## **NCSG Summary of Major Changes for 2020**

### New State Finals Activities:

- Mini golf
- Power Walking -1500m, 5K
- Recumbent Cycling – 1 mile, 5K, 10K

Bowling State Finals qualification same as 2019:

Bowling singles, doubles and mixed places 1-6 qualify for State Finals.

### SilverArts Category Change:

-Soloist with accompanist will be judged as a soloist, not small group

As of October 2019 NSGA has announced the following changes:

- Horseshoes is no longer a Nationals event
- Power Walk is now a qualifying sport (1500m and 5k)

**Three New Open Sports Added** - The following open sports (no qualification needed) will be added to the lineup for the 2021 National Senior Games in Greater Fort Lauderdale, Florida:

- **Cornhole** – Several states already offer this growing sport, also known as bag toss.
- **Soccer 8v8** – There will be men's and women's age divisions. The 8v8 format will be played on a smaller field. –
- **Beach Volleyball** This competition will feature teams of four in both women's and men's age divisions.